

A NOTE FROM DANUTA

Fall has arrived, and, I've been watching the subtle changes in the weather from my Arcadia studio. The recent foggy mornings have inspired something new in my latest work, inviting reflections on transition and atmosphere. The past month has been full—between book signings and shows, I've had the chance to connect with many of you, and it's left me thinking about how art can capture these shifting moments. I hope the changing season brings you inspiration too, wherever you are. Thank you for allowing me to share my artist news with you.

SHOWS

My recent painting got accepted to current shows at the Voice Art Gallery and Online show in Los Angeles Art Association

ART FUNDATION OF SB FUNDRAISER SHOW

I've been invited to the 3rd Annual An Artful Affair at Riven Rock

BOOKS ILLUSTRATIONS

A new children's book I have illustrated is set to be released on October 24th!

The recent book signing for "History of Psychology through symbols" was a wonderful event, filled with engaging conversations and a great turnout!

Arcadia Studio

NEWS



Dancing with Time by Danuta Bennett

danutabennett.com

Whats New

ECHOING

Last month, I had the pleasure of being part of another exhibit at the Voice Gallery. It was a wonderful experience, and what stood out to me most was the energy shared during the two receptions. Exhibits like these remind me how art has the power to spark conversations and connections. ***I'm excited to see what new ideas and perspectives these gatherings will inspire for all of us.***



TUNING FORK



I'm thrilled to announce that one of my latest pieces has been included in the online show with the Los Angeles Art Association. This artwork is part of a new series inspired by the ancient concept of **Wuji**, which reflects the balance and interplay between yin and yang—the dynamic forces of the universe. In this series, I've been exploring the idea of harmony through contrast, blending light and shadow, form and emptiness. ***I hope it sparks a moment of reflection for you as well.***

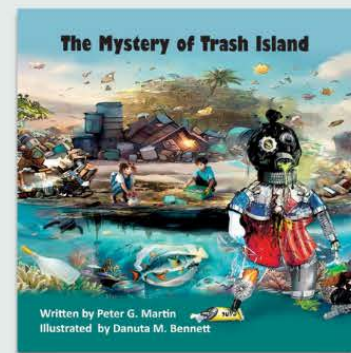
<https://www.laaa.org/tuning-fork>

OCTOBER 24th



THE MYSTERY OF TRASH ISLAND

I'm excited to announce that my illustrations for Peter Martin's children's book will finally be available starting October 24th—just in time for the holiday season! Working on these illustrations has been such a meaningful project, and I can't wait for you to see how the artwork brings the story to life. ***I hope it sparks creativity and thoughtful discussions for everyone who reads it!***



[/www.petergmartin.com](http://www.petergmartin.com)


Upcoming events

The **Art Foundation**
of **Santa Barbara**
Invites **You** To

an **Artful Affair** at
RIVEN ROCK

frank mcginity's residence (on the former mccormick estate)

a portion of any work sold will benefit
the art foundation of santa barbara.
wine and hors d'oeuvres
catered by the santabarbara club.
special *quick draw* landscapes on-site by
ralph waterhouse and wyllis heaton,
live auction at 4:30 p.m.



FEATURED ARTISTS

Ralph Waterhouse
Danuta Bennett
Kevin Gleason
Wyllis Heaton
Ann Sanders
Rick Garcia
Ray Hunter
Nina Warner
Rick Delanty
Craig Nelson
Annie Hoffman
Andrea Anderson
Chloé Hourdequin

AOSB TRUSTEES

Maria McCall
John M. Doordan
Frank E. McGinity
Diane Waterhouse
Nancy Newquist-Nolan
Katherine Murray-Morse

Sunday, October 20, 2024

3:00 pm–5:00 pm

rain or shine

valet parking

801 Riven Rock Road
Montecito, California

\$95 per person • RSVP by October 16, 2024

Purchase tickets online at artfoundationofsb.org

Or, send check to: ART FOUNDATION OF SANTA BARBARA, 1105 Chapala Street, Santa Barbara, CA, 93101

Info: (805) 965-6547 or email receptionist@santabarbaraclub.org

Brochure Design by Dirk Brandts



To learn more details and to purchase tickets (\$95)>>>
www.artfoundationofsb.org/2024-riven-rock



Sunday, October 20th
from 3 p.m. to 5 p.m.

I've been invited to the 3rd Annual An Artful Affair at Riven Rock, a beautiful historic property. This event brings together 13 local artists, each offering something unique. It's more than just an exhibit—it's a chance to explore the creative talent in our community and discover pieces that might resonate with you. *I hope you'll join us and experience the blend of art and history at this special location.*



GIVING SYMBOLS VOICE

Thank you to everyone who came to our book signing! The launch of the "History of Psychology Through Symbols" was a wonderful success, and I'm so grateful for your support and Maria McCall for interviewing us. A special congratulations to BK Raids for winning our poster draw!



WATCH THE INTERVIEW ON MY WEBSITE

 HypeCats Video & Ameravant

Milestones

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Local News for a Global Village | www.VoiceSB.com

September 20, 2024

Santa Barbara News

Standing-room-only at Book Signing at Voice Gallery

By Maria McCall / VOICE

CELEBRATING THE PUBLICATION of a *History of Psychology Through Symbols*, author and local psychologist Dr. James Broderick and artist and illustrator Dr. Danuta Bennett sat down on Thursday, September 12th, for an interview before a standing-room-only crowd at Voice Gallery in La Cumbre plaza.

In a conversational Q&A, Maria McCall served as moderator, asking the pair about the importance of the universal language of symbols, the images created for the book to engage and enliven the reader, the Rorschach test, why the analyst's couch is so iconic, the future of community mental health, and more.

A two-volume set of text books published by Routledge, the books provide a captivating exploration of psychology's history through symbols and feature 250 illustrations that enhance the experience of uncovering both ancient and contemporary psychological developments. Each volume offers in-depth insights into the evolution of psychological thought, its historical and socio-cultural contexts, and its practical applications in everyday life.

Even though they are written as text books for college studies, a lay person will find them accessible and interesting to peruse. They really make wonderful reference guides to the history of psychology, and are available for purchase through www.routledge.com or Amazon.com websites.

James L. Broderick, PhD, ABPP is Board Certified in Clinical Psychology, currently in private practice in Santa Barbara, California. He was the former Chair of the Clinical Psychology Program and current adjunct Professor at Pacifica Graduate Institute, in Carpinteria California. Formerly, he was Director of Mental Health and Drug and



Maria McCall, Mark Whitehurst, Kerry Methner, Dr. James L. Broderick, Dr. Danuta Bennett, Michael Kramer, and Harold Kono

Alcohol in Shasta and Santa Barbara Counties in California.

Dr. Danuta Bennet was born in Poland during the communist era and practiced as a research scientist in ecology and biology. She co-founded the Aeolian Center for Psychotherapy and Creativity, focusing on public lectures and workshops at the intersection of psychology and art. Art has been the through-line of her life and she is currently a working artist here in Santa Barbara.

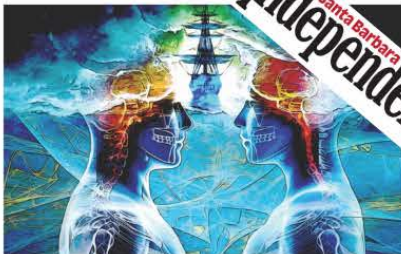


BY MARIA MCCALL

PICTURES BY PRISCILLA

Arts & Entertainment

Featured Stories



Santa Barbara Independent

Santa Barbara Doctor and Artist Collaborate on New Book

Books | By Maggie Yates

Written by James L. Broderick and illustrated by Danuta M. Bennett, 'History of Psychology Through Symbols' book talk is September 12.



BY MAGGIE YATES

Thank you

Thank you for all the support and publicity! If you're interested, links to the recent articles can now be found on my website.

◀ *Miscellany* (Continued from 28)



Author and illustrator of *A History of Psychology Through Symbols: Doctors James Broderick and Danuta Bennett* (photo by Priscilla)



BY RICHARD MINEARDS